

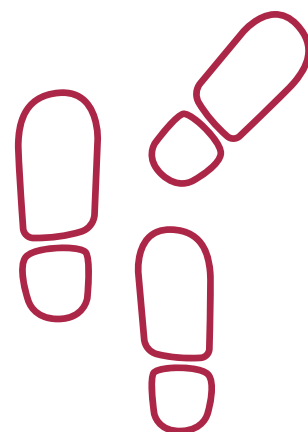


# LEAF

lived experience advisory forum

# Wellbeing Walk

Connect with  
your local  
landscape



**Lowestoft Claremont Pier  
to Kensington Gardens**

**Every Fourth Thursday of Every Month  
Meeting Point Outside The Pier @ 9AM**

**Please contact Jade Drinkwater  
07435 946116 or [jade.drinkwater@accessct.org](mailto:jade.drinkwater@accessct.org)**

**What3Words Location  
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